

Leadership Academy East Campus

Breakfast

August 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bell Peppers on in Texas: May - June; August -November Did you know? The longer a bell pepper is left to ripen, the sweeter it becomes				1 Yogurt, Granola or Cereal, Cracker Canned Fruit Juice Milk	2
4 Papas a la Mexicana c/ Queso Burrito or Cereal, Cracker Canned Fruit Juice / Milk	5 Honey Bun Cereal/Crackers Banana Juice / Milk	6 Bean & Cheese Burrito Cereal/Crackers Fresh Fruit Juice/Milk	7 Egg & Winnie Toasted bread Cereal/Cracker Fruit Juice / Milk	8 Muffin Cereal/Crackers Banana Juice / Milk	9
11 Yogurt&Granola Cereal /Crackers Fruit Juice / Milk	12 Pancakes Cereal/Crackers Banana Juice / Milk	13 Chilaquiles beans Cerea Juice / Milk l /Cracker Fruit	14 Egg w/ bacon Toasted bread Cereal/Crackers Fruit/Juice/Milk	15 Egg w/Turkey Bacon Toasted Bread or Cereal, Cracker Fresh Fruit Juice / Milk	16
18 Concha Cereal or Crack. Fruit Juice / Milk	19 Oatmeal Toasted bread Cereal/Crack. Banana Juice / Milk	20 Waffles Cereal/Crackers Fruit Juice / Milk	21 Winnie Burrito Cereal/Cracker Fresh Fruit Juice/Milk	22 Muffin Cereal/Crackers Banana Juice / Milk	23
25 Egg w/ Chorizo Burrito Cereal/Crackers Fruit Juice / Milk	26 Oatmeal Toasted bread Cereal/Crack. Banana Juice / Milk	27 Molletes Cereal/Crackers Fruit Juice / Milk	28 Egg w/ bacon Toasted bread Cereal/Crackers Fruit Juice / Milk	29 Banana Muffin Cereal or Crks Banana Juice / Milk	30



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Announcements

July 28

Yogurt & Granola
 Cereal or Crackers
 Fruit
 Juice / Milk

July 29

Oatmeal
 Toasted bread
 Cereal or Crackers
 Banana
 Juice / Milk

July 30

Molletes
 Cereal/Crackers
 Fruit
 Juice / Milk

July 31

Egg & Ham Burrito
 Cereal or Crackers
 Fruit
 Juice / Milk

