

EL PASO LEADERSHIP ACADEMY - EAST

LUNCH MENU • SEPTEMBER 2026

HEALTHY & FRESH DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	01 Meat Spaghetti Pasta or Meatball Sub • Green Salad & Bread • Canned Fruit • Assorted Milk	02 Chicken Chipotle or Popcorn Chicken • Mashed Potatoes & Dinner Roll • Glazed Carrots • Canned Fruit / Assorted Milk	03 Red or Green Burrito • Mexican Rice & Steamed Carrots • Canned Fruit & Assorted Milk • <i>Ketchup, Mayo, Mustard</i>	04 Cheese Nachos or Quesadilla Sincronizada • Chili Beans & Corn • Canned Fruit • Assorted Milk
07 Pork en Verde or Quesadillas • Lettuce & Radishes • White Primavera Rice • Fresh Orange & Assorted Milk • <i>Mustard, Ketchup</i>	08 Chicken Alfredo Pasta or Chicken Burrito • Green Salad & Bread • Canned Fruit • Assorted Milk	09 Chicken Burger or Chicken Tender • French Fries • Lettuce & Tomato • Canned Fruit & Assorted Milk	10 Arriero Pork or Quesadillas • Mexican Rice & Steamed Carrots • Canned Fruit & Assorted Milk • <i>Ketchup, Mayo, Mustard</i>	11 Pepperoni or Cheese Pizza • Tossed Garden Salad & Baby Carrots • Canned Fruit & Assorted Milk • <i>Lite Ranch Dressing</i>
14 BBQ Chicken or Popcorn Chicken • Mashed Potatoes & Dinner Roll • Glazed Carrots • Canned Fruit / Assorted Milk	15 Picadillo Beef or Tostadas Tapatías • Mexican Rice & Refried Beans • Lettuce & Tomato • Canned Fruit / Milk / Homemade Salsa	16 Cheeseburger or Corn Dog • French Fries • Lettuce & Tomato • Canned Fruit & Assorted Milk • <i>Ketchup, Mayo, Mustard</i>	17 Spaghetti w/ Meatballs or Meatball Sub • Steamed Carrots & Bread • Canned Fruit • Assorted Milk	18 Cheese Nachos or Quesadilla Sincronizada • Chili Beans • Lettuce & Tomato • Canned Fruit & Assorted Milk
21 Chicken Pozole or Quesadillas • Lettuce & Radishes & Corn Chips • Fresh Orange & Assorted Milk • <i>Mustard, Ketchup</i>	22 Chicken Nuggets or Hot Dogs • Baby Carrots • Canned Fruit & Assorted Milk • <i>Ketchup, Mayo, Mustard</i>	23 Red or Green Burrito • Mexican Rice & Steamed Carrots • Canned Fruit & Assorted Milk • <i>Ketchup, Mayo, Mustard</i>	24 BBQ Chicken or Popcorn Chicken • Mashed Potatoes & Dinner Roll • Glazed Carrots • Canned Fruit / Assorted Milk	25 Pepperoni or Cheese Pizza • Tossed Garden Salad & Baby Carrots • Canned Fruit & Assorted Milk • <i>Lite Ranch Dressing</i>
28 Chicken Chipotle Pasta or Chicken Burrito • Green Salad & Bread • Canned Fruit • Assorted Milk	29 Cheeseburger or Corn Dog • French Fries & Mixed Vegetables • Canned Fruit & Assorted Milk • <i>Ketchup, Mayo, Mustard</i>	30 Beef or Chicken Tacos • Mexican Rice & Refried Beans • Lettuce & Tomato & Homemade Salsa • Canned Fruit / Assorted Milk	01	02

★ Assorted 1% & Skim Milk Served Daily

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Menu subject to change based on availability