

EPLA LUNCH MENU OCTOBER Offer v Serve 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			01 Chicken Fingers or Nuggets French Fries Lettuce & Tomatoe Fresh Fruit Assorted Milk Ketchup , Mayo Assorted Milk	02 Pepperoni Pizza or Ham & Cheese sand Tossed Garden Salad Assorted Fresh Fruit Assorted Milk Lite Ranch Dressing
05 NO SCHOOL DAY	06 NO SCHOOL DAY	07 NO SCHOOL DAY	08 NO SCHOOL DAY	09 NO SCHOOL DAY
12 NO SCHOOL DAY	13 NO SCHOOL DAY	14 NO SCHOOL DAY	15 NO SCHOOL DAY	16 NO SCHOOL DAY
19	20 Chicken Alfredo or Chicken Marinara Savory Green Beans Mixed Salad Breadstick Can Fruit / Assorted Milk	21 Beef discada or Quesadilla Sincronizada Chili Beans Lettuce & Tomato Assorted Fresh Fruit Assorted Milk	22 Cheeseburger or Corn Dog French Fries Lettuce & Tomato Assorted Fresh Fruit Assorted Milk Ketchup, Mayo, Mustard	23 Pizza Pocket or Cheese Pocket pizza Tossed Garden Salad Baby Carrots Assorted Fresh Fruit Assorted Milk Lite Ranch Dressing
26 Hot Dogs or or Corn Dogs Sasoned Carrots Pasta Salad Fresh Fruit Assorted Milk	27 Beef Tacos or Quesadilla Sincronizada Mexican Rice Refried Beans Lettuce & Tomato Can Fruit / Assorted Milk Homemade Salsa	28 Glazed Chicken Drumsticks or Popcorn chicken Savory Brocoli Steam Carrots Dinner Roll Can Fruit / Assorted Milk	29 Spaghetti w/Meatballs or Meatballs Sub Marinara Sabori Green Beans Mixed Salad Bread Stick Fresh Fruit / Assorted Milk	30 Chicken Burger French Fries Lettuce & Tomatoe Fresh Fruit Assorted Milk Ketchup , Mayo Assorted Milk